

WE'RE HERE TO HELP
YOUR CAREER

POSTDOC
CAREERS
SERVICE



How can the Careers Service help me?

I don't know what my options are...

I want to stay in academia – how can I increase my chances?

I need help writing my CV – both for academic jobs and others

Yikes – I have an interview soon!





I wouldn't be where I am
today without you guys!

**Krishnaa, Postdoc at the
Department of Surgery**

We cover...

Career options
CVs and applications
Fellowships
Interviews

It's about you...

We can help you
whatever stage you are
at.

Our advice is confidential,
tailored and impartial.



What kind of help suits you?

Do you want to focus on your individual needs?

Book an individual appointment

Do you enjoy learning through experience and with others?

Try one of our interactive live and on-demand workshops through our Career Essentials for PhDs and Postdocs series

Do you like to hear from the experts?

Attend one of our panel events (online Q&A sessions and podcasts available)

Do you prefer to read about it?

Visit our website or access other resources, including our CV book, through the Career Centre on Handshake



**CAREER
ESSENTIALS**

PHDS &
POSTDOCS

**CAREERS
SERVICE**

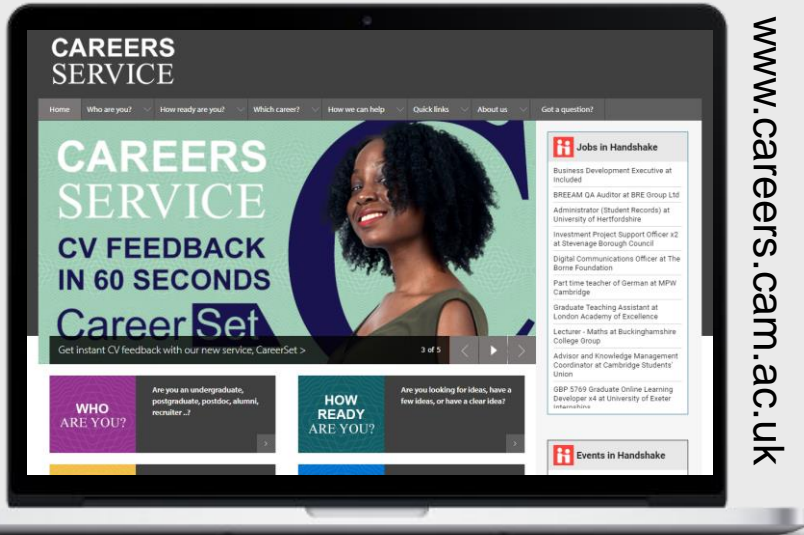
Career planning tools

Building your network

Academic career
management

Get recruitment ready

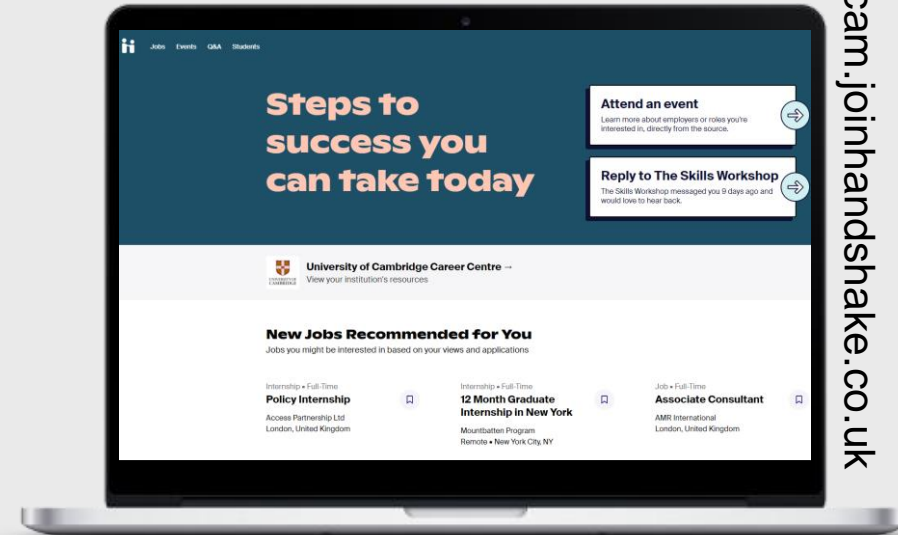
Our website



www.careers.cam.ac.uk

- Career Essentials for PhDs and Postdocs
- Academic Careers
- All other job sectors
- Postdoc Blog
- Meet alumni

Handshake



cam.joinhandshake.co.uk

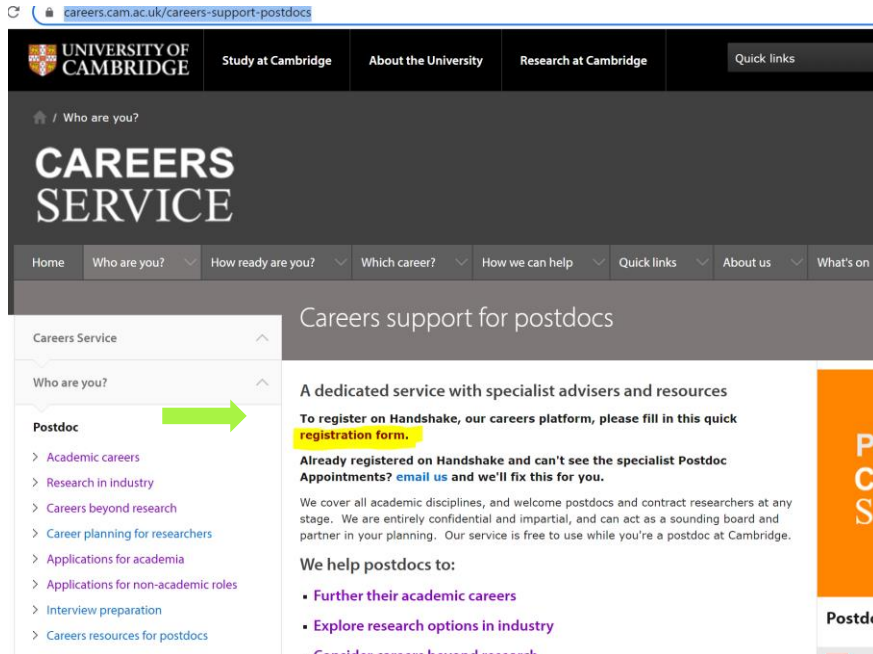
- Meet careers consultants 1:1
- Access resources – *CV book*, *Activities in Cambridge to boost your career*; *Planning a career in academia*
- Register for events and workshops
- Connect with employers

How to access the Careers Service

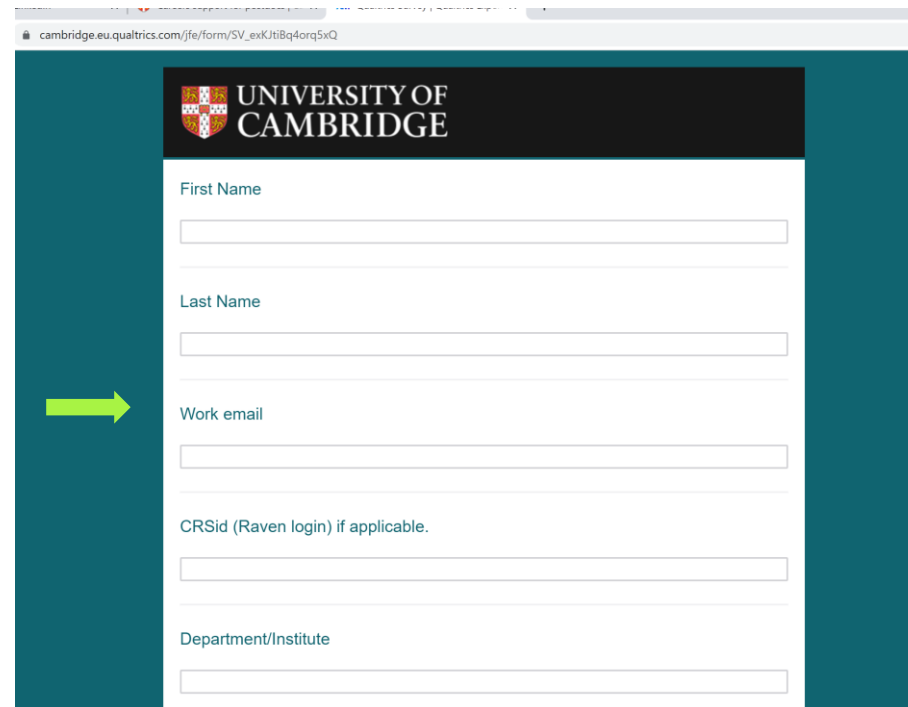
Go to our website:

<https://www.careers.cam.ac.uk/careers-support-postdocs>

Click on the registration form



The screenshot shows the University of Cambridge Careers Service website. The navigation menu includes 'Home', 'Who are you?', 'How ready are you?', 'Which career?', 'How we can help', 'Quick links', 'About us', and 'What's on'. The 'Who are you?' dropdown menu is open, and the 'Postdoc' section is highlighted with a green arrow. The 'Postdoc' section includes links for 'Academic careers', 'Research in industry', 'Careers beyond research', 'Career planning for researchers', 'Applications for academia', 'Applications for non-academic roles', 'Interview preparation', and 'Careers resources for postdocs'. The main content area features a heading 'Careers support for postdocs' and a paragraph: 'A dedicated service with specialist advisers and resources. To register on Handshake, our careers platform, please fill in this quick registration form. Already registered on Handshake and can't see the specialist Postdoc Appointments? email us and we'll fix this for you. We cover all academic disciplines, and welcome postdocs and contract researchers at any stage. We are entirely confidential and impartial, and can act as a sounding board and partner in your planning. Our service is free to use while you're a postdoc at Cambridge. We help postdocs to: Further their academic careers, Explore research options in industry, Consider careers beyond research.'



The screenshot shows the registration form on the University of Cambridge Careers Service website. The form includes the following fields: 'First Name', 'Last Name', 'Work email', 'CRSid (Raven login) if applicable.', and 'Department/Institute'. A green arrow points from the 'Postdoc' section in the previous screenshot to the registration form.

Your profile on Handshake

Handshake Exit

You're one step closer to your next job.

Answer a few short questions to see relevant opportunities.

What are you looking for?

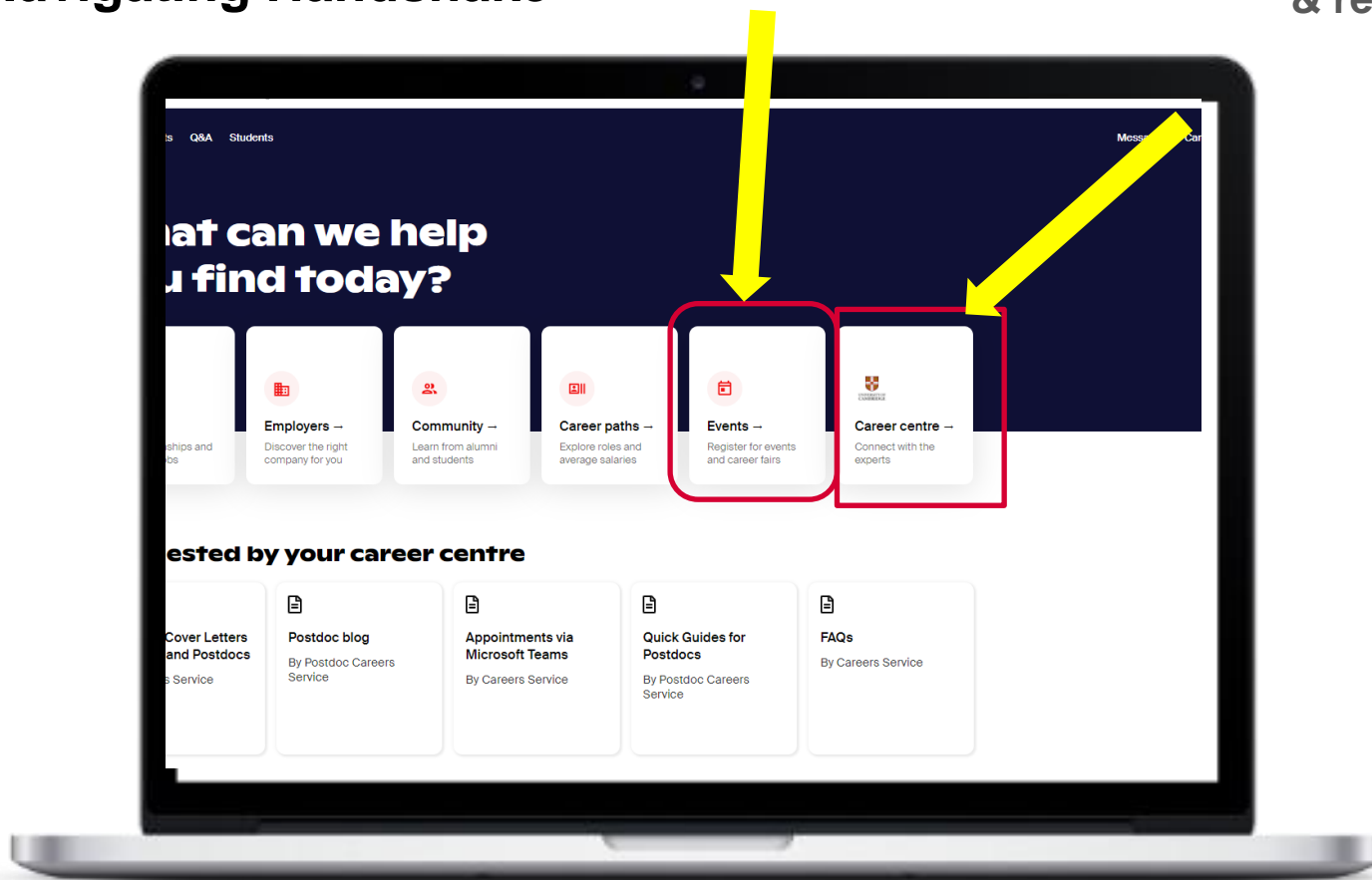
Full-Time Job + Internship + Part-Time + On-Campus Job + Not sure yet

[Continue](#)

Navigating Handshake

Events tailored to the
postdocs community

Career Centre – access
to appointments
& resources



Download our
flagship publication
from Handshake
resources



**CAREERS
SERVICE**

GET READY TO APPLY
PUT TOGETHER YOUR CV
WRITE YOUR APPLICATION
SAMPLE CVs & FURTHER HELP

**CVs & COVER
LETTERS
FOR PhDs
& POSTDOCS**

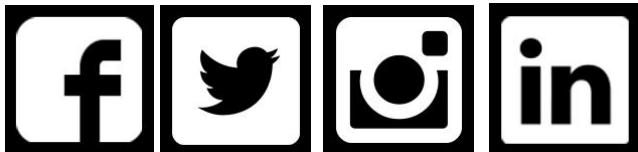
Follow us!

Twitter

@unicamcareers

Blog

<https://postdoccareers.edublogs.org/>



Register today:

<https://www.careers.cam.ac.uk/careers-support-postdocs>

→ registration form

Web:

www.careers.cam.ac.uk/careers-support-postdocs

Email:

postdocs@careers.cam.ac.uk